Deputy Principals’ Newsletter Weeks 6 (Week A 4 March) and 7 (Week B 11 March) Term 1: MONDAY MARCH 4TH 2013

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School Photographs Day
Our College School Photo Day will be held on Tuesday 5th March in the school gym. All students will be photographed on this day. It is important that your child is in full school uniform as children who are not in full school uniform will not be photographed.

All students have received an envelope with product and pricing information to take home to show their parents. If your child does not have one, it is important that they collect one from the library immediately. Students will be reminded of this on Monday 4 March.

Please return this envelope with your child who will hand the envelope to the photographers on Tuesday with either a) the correct cash or b) cheque or c) 6 digit order number in the ‘Online Payment box. To do this you must pay by credit card by visiting www.theschoolphotographer.com.au.

Please DO not send payment to the finance office.

Students who bring cash in their envelopes can drop these envelopes in the morning at the front office for safe keeping until it is their turn to be photographed.

Please note, for Yrs 7 -11 the booklet contains individual portraits of all students in the year and a full page portrait of your child, SRC photo and other school information. If you prefer the booklet together with a separate sheet of portrait photos on traditional photo paper you must order package HBI for $30 or packages HBG or HBVG which include more separate photo options.

The YR 12 booklet is as per the 7-11 booklet with the inclusion of a traditional year group photo.

From the Deputy Principals’ Desks

School Jumpers
With the weather becoming colder, we would like to advise that the School Uniform Shop has many school jumpers for you to pick up. The School Uniform Shop opens every Tuesdays and Wednesdays from 8:30 to 9:30 am and Thursdays from 1:00 to 2:00 pm.

Tournament of Minds
Tournament of Minds is running for the 2nd year at Rose Bay. It is a great program that helps students develop skills in team work, drama, creativity, lateral thinking and problem solving. Students meet one afternoon a week during Term 2 to work on problems and are critiqued on how creative their answer is. They will also work on drama skills and improvisation. In Term 3 at least one team of seven students will meet to work on a long-term problem which they will present at the competition at the end of August. It is a requirement that each team has at least two Year 7
students so all interested students are encouraged to come to the meetings in Term 2. More information will be available towards the end of Term 1 or you can contact Ms Pollock at the school.

**Curriculum Programming and Assessment Booklets – years 7 – 10**

These booklets are designed to provide parents with information about what students learning in each of their different classes, how that learning will be assessed and also provides course specific information about homework and other requirements. We encourage all parents to have a look at these booklets and follow what your child is learning about in each of their subjects. The booklets are available on the [year pages](#) of the school website.

### The Calendar

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<tr>
<td>March 12</td>
<td>Scripture</td>
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<td>Year 11 Ms Christofi’s Visual Arts class excursion to Artexpress</td>
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<td>Year 9 Parent/Student meeting re: laptops</td>
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<td>Sports Committee Meeting 7 pm</td>
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<td>March 13</td>
<td>Year 12 Ms Caves’ class excursion to Artexpress</td>
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<td>Year 7 Public Speaking Competition</td>
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<td>March 14</td>
<td>Duke of Ed training day for Year 9 and 10 students Bronze</td>
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<td>Selective High School Placement Test</td>
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<td>March 15</td>
<td>Year 12 D&amp;T excursion to Powerhouse Museum</td>
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<td>March 19</td>
<td>World’s Greatest Shave/funky hair day</td>
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<td>Duke of Ed Training Walk</td>
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<td>School Council Meeting 7:30 pm</td>
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**Our school Calendar**

**Whats new on the website**

Head over to the website to get all the details of the [working bee](#), [sport committee meeting](#) and [school photos](#). We've updated our [Duke of Ed page](#) with info on the [gold/silver qualifying walk](#) in Tasmania. On the [forms](#) page you will find info regarding [year 7sport](#) and our online [Authority to publish form](#). If you haven't already filled in this form please download it, enter your details electronically and email back to roseybay-h.school@det.nsw.edu.au. This will help us make sure we can celebrate our student’s successes online as soon as they happen.

If you have any feedback about the website, spot an error, think something is missing or would like to be involved in keeping the website up-to-date please email [kelly.robinson6@det.nsw.edu.au](mailto:kelly.robinson6@det.nsw.edu.au)

**Departmental News**

**Curriculum Webpage**

**English**

In senior English our Year 12's are progressing toward a listening assessment approaching in three weeks. In Advanced we are coming to the end of our study of *Frankenstein* and will look to a critical and contextual close analysis of *Blade Runner* and Ridley Scott's 1980s context. In Standard we are looking at how distinctive voices are portrayed and meaning created in *The Life and Crimes of Harry Lavender*. Extension 1 are almost complete in their critical analysis of thecrest and Absurdist parody of Tom Stoppard’s, *The Real Inspector Hound*, whilst Extension 2 are completing their Viva Voces prior to deconstruction of a steam punk short story looking at an adjustment of genre and setting.

In Year 11 we are all studying an Area of Study entitled Representations of Man, with Advanced looking at the poetry of Sydney poet John Fouclcher and Standard entangled in the macabre reality drama of *Property of the Clan*. These will require all students to find their own related texts that explore similar ideas to these texts studied in class. If you find any suitable texts direct your son or daughter towards them.

Year 10 are delving into the imaginative and magical realms of poetry in relaxation for an assessment task requiring the analysis of previously known texts and an unseen text.

Year 9 are looking at criticism and commentary as they close in their film study of *Edward Scissorhands*.

Year 8 are still familiarising themselves with the might and magic of William Shakespeare and his incredible word-smithery.

Year 7 are finishing their public speeches in prelude to a competition to conclude the unit this week, looking to creative writing and the entertaining construction of prose in the coming unit.
Science

Science is looking forward to open night and has many fun and exciting activities planned. We would like to thank those fantastic students who have volunteered to help us out on the night.

**Year 7**
Year 7 have been given their first assignment ‘scientists at work’ and should be working on it over the coming weeks. For the presentation component we encourage the students to choose a scientist they may know such as a family member or friend of the family.

**Year 8**
Year 8 have been given their group research assignment and should be working on it in class and at home ready to be submitted during week 6.

**Year 9**
Year 9 are working through the topic ‘Atomic Theory’. Students will be given a notification in week 6 for the test for this topic, which will be held during week 8.

**Marine science**
Marine science students are approaching the end of their first topic “Marine Safety”. It is Imperative that Marine Science students attend the swimming carnival so they can do their swimming competency

**Year 10**
Yr 10 will be starting their second topic in the coming weeks. Year 10 need to ensure that they are keeping up with their work as failure to hand in assignment may result in an N-warning letter.

Classes are studying the following topics

**Year 11**
**Biology** – The biology field trip was a great success. Their first assessment task for a ‘Local Ecosystem’ has been issued and is based on this field trip. This assessment is due in week 6. Students need to make certain that all their class and homework is complete and up to date.

**Chemistry** - Chemistry students need to ensure that prac reports are completed and up to date. Students need to make certain that all their class and homework is complete and up to date.

**Physics** - Yr 11 physics students should expect an assessment task for the topic “the world communicates”. This will have a research and a practical component.

**Year 12**
All year 12 students should be revising work and doing at least half an hour study for each of their science subjects per night. Consistent work throughout year 12 is the best way to ensure good results in the HSC.

**Biology** – Biology students have been issued a notification for their assessment task to be held in week 6. It will be an examination testing their practical knowledge and skills they have learnt through the Blueprint of Life topic they are currently studying. Students need to make certain that all their class and homework is complete and up to date.

**Chemistry** – Chemistry students are midway through the topic “The acidic Environment”. Students need to ensure they thoroughly understand the concepts covered in the topic. Students need to make certain that all their class and homework is complete and up to date.

**Physics** – Yr 11 physics students should expect an assessment task for the topic “the world communicates”. This will have a research and a practical component.

**Mathematics**

**Course Structure**
Mathematics is mandatory for years 7 to 10. In order to cater for the individual need and ability of students, the Board of Studies Mathematics Stage 4 and 5 Syllabus allows students to follow different “Pathways”, namely Stage 5.1, 5.2 and 5.3. They are normally regarded as Standard, Intermediate and Advance Mathematics respectively.

The choice of Maths course for year 11 depends on the Maths ability and career / study need of student. For example, a Stage 5.1 student will not be able to cope with the vigour of 2 Unit (Advanced) Maths and it is highly unlikely that the student can succeed. Hence, it is the duty of the teachers to tell the student that it is inappropriate for him/her to choose 2 Unit (Advanced) Maths.

A diagram of the course structure is shown below. For year 10 students, Stage 5.3 students (10MAT.1, 10MAT.6 and 10MAT.7) normally progress to 2 Unit (Advanced) Mathematics. Those who consistently achieved high results in Stage 5.3 can apply to the Head Teacher for Maths Extension. They can also choose not to study Maths if they focus lie elsewhere. Stage 5.2 students (10MAT.2 and 10MAT.3) normally progress to 2 Unit General Mathematics. Those
who consistently achieved high results in Stage 5.2 can apply to the Head Teacher for 2 Unit (Advanced) Mathematics. They can also choose not to study Maths if they focus else where. Stage 5.1 students (1OMAT.5) normally do not study Mathematics in year 11. Those who consistently achieved high results in Stage 5.1 can apply to the Head Teacher for 2 Unit General Mathematics.
MATHLETICS
Parents can follow their child’s progress in MATHLETICS. Visit www.mathletics.com.au/parents/ and follow the link. For your child’s learning of Mathematics, do not delay and pay now!

Please note that students not paying for MATHLETICS will have their password removed after Friday Week 6.

Year 7
All year 7 classes should have completed 2 topics – Beginning in Number and Number: Its Order & Structure. The Year 7 common test is scheduled at Term 1 Week 7 and more detail will be given to student at Week 6. The next topic is Measurement: Length & Time.

Please also make sure that your child has a scientific calculator as soon as possible. Your child will need a scientific calculator later this term and for the NAPLAN test early Term 2.

Year 8
Year 8 classes will finish Pythagoras’ Theorem very soon and the topic test on Pythagoras’ Theorem will be held after the topic is completed. For example, 8M1, 8M6 and 8M7 will have the Pythagoras’ Theorem topic test on March 8th. Please ask the class teacher for detail. The next topic for year 8 is Pattern and Algebra.

Year 9 and 10
Across different pathways, year 9 classes must have completed the first topic and year 10 classes the first two topics. Topic test will be held after each topic is completed. For example, 10M1, 10M6 and 10M7 will have their Quadratic Equation topic test Week 6 Tuesday. The next topic is Algebra for all year 9 classes and Coordinate Geometry for all year 10 classes, with different degree of difficulty. Please ask the class teacher for detail.

Year 11
The year 11 Assessment Task 1 are scheduled at Week 7 and Maths Extension at Week 8. Assessment Notifications have been issued to students already. Please ask the class teacher for detail.

Year 12
The Mathematics Faculty offers 4 courses - General Mathematics, Advanced Mathematics (2 Unit Maths), Mathematics Extension 1(3 Unit Maths) and Mathematics Extension 2 (4 Unit Maths). The Half Yearly Examination is scheduled at end of Term 1. Students are encouraged to buy a HSC revision book for about $31 through the Mathematics Faculty for revision and consolidation. Please ask the class teacher for payment slip and pay to the finance office before Week 4 Friday in order that the books to be available before the Half-Yearly examination.

History
Year 7
Year 7 begin the year with the topic “What is History?” They will study the nature of History and the methods used by historians to investigate the past. Students will focus on primary and secondary sources to gather evidence to answer questions about the past and to understand historical and heritage issues. Year 7 will receive their first assessment notification, their task is an in class test. The next topic for year 7 is the study of Ancient Egypt.

Year 8
Students are continuing their study of the Vikings. We are currently looking at Viking conquests and the social organisation of their society. Year 8 have received their first assessment task, this is to create a Viking longship or house. There is also a written component to accompany their diorama.

Year 9
Year 9 are focusing on Australia and World War I, they are looking at the causes of the war and Australia’s involvement. Their first assessment task on Gallipoli and the Anzac Legend will be handed out later in the term, to be due Week 9.

Year 10
Students are beginning the term with the topic – “Changing Rights and Freedoms of Indigenous Australians”. Within this topic we will look at the experiences of the Stolen Generation and also the long term effects, various important protest movements, the 1967 Referendum and the impact of Gough Whitlam in the fight for rights and freedoms of Aboriginal peoples.

Year 10 Elective – Continuing with the theme of Revolutions, completing the French Revolution and then moving on to the American Civil War.

Year 11 - Modern History – We begin the year with the focus on Revolutions. Students are currently studying the French Revolution starting with the long term causes, French feudal system and the storming of the Bastille. Students will
receive their notification for their first assessment task this week; this is an in-class task that includes source analysis and an extended response.

**Ancient History** – Year 11 Ancient History are looking at Archaeology, Science and History. Students in Ms Pollock's class are also looking at Homer and the Trojan War as their case study for the next few weeks. Ms Jansen's class will be finishing off the forensic methods used by archaeologists and then looking at some of the ethical issues which arise from archaeological digs. Students have received their first assessment task, an in-class source based task. This will be held on the 20th March.

**Society and Culture** - Society and Culture is a conceptually based course that promotes students' awareness of the cultural continuities and changes within societies and cultures. We begin with the focus on important concepts and how they interact with each other. Students will apply these concepts to news articles and film. They will also learn to apply various social and cultural research methodologies. We are currently looking at the concept of how your identity is constructed and the nature versus nurture debate.

**Year 12**

**Modern History** – The students are currently working on our National Study – Germany 1918-1939. We are focusing on the impact of the Great Depression of Weimar Germany and the rise of the Nazi Party and Hitler. For the half yearly exams students will need to prepare for a source analysis section of the paper, this will focus on WWI and then they will have to complete two extended responses on Germany 1918-1939.

**Ancient History** – The focus for the next few weeks will be the structure of Spartan Government, “where the real power lies” and the importance of Spartan religion and mythology in their daily lives. Students have received their first assessment task; this is a research task on aspects of Spartan Society.

**Society and Culture** - This week we began the new Depth Study of “Popular Culture”, with the focus on Teen Film. Students will have an assessment task due in week 7 on this topic. Students are also expected to be working on their PIPs. Their exam will consist of three sections – section 1 – multiple choice and short answers on Social and Cultural Continuity & Change (concepts, methodologies and Vietnam), section 2 – a structured essay on Popular Culture and section 3 – an extended response on Popular Culture.

**Studies of Religion** - Students are completing their Isalm Depth Study by looking at the importance of the Hajj. They will then begin their Depth Study of Christianity by looking at Martin Luther. Students are encouraged to revise regularly and practice answering HSC style questions.

**History Extension** – The focus for the next few weeks will be Napoleon and his career from 1799-1807. Then students will examine the historiography surrounding his foreign policies and his place in History as a General.

**Languages**

**Italian**

**Year 7G**

Students learned how to greet people and introduce themselves and others by stating their names, ages and where they live. Homework is due week 7. In week 6 and 7 students will be learning how to ask and tell time on the hour and some classroom expressions. Students were issued with Exam Notification forms and should be ready for their exams. During week 6 and 7 students will have practice exams in class in order to get ready for their exams.

**Year 8B, 8C, 8G**

Students learned how to greet people, introduce themselves and others and express feelings using formal and informal language. Homework is due week 7. In week 6 and 7 students will be learning about countries, nationalities and numbers from 1 to 20 and become familiar with famous Italian people. Students were issued with Exam Notification forms and should be ready for their exams.

**Year 10**

Students learned how to greet people, introduce themselves and others and express feelings using formal and informal language. Homework is due week 7. In week 6 and 7 students will be learning about countries, nationalities and numbers from 1 to 20 and become familiar with famous Italian people. Students were issued with Exam Notification forms and should be ready for their exams.

**Japanese**

**Year 7**

Students have completed their testing on Unit 1 in reading, writing, listening and speaking, with fantastic results. They will next move from Tokyo to the ancient capital of Kyoto with Mark and Yoshi.

**Year 8** Japanese are consolidating their writing of numbers in roomaji and kanji, then learning about households, customs and indoor items of furniture in the typical Japanese house.

**Year 9** are mastering hiragana, introductions, moving on to numbers for asking and telling their age and phone numbers

**Year 10** are discussing what they do in their spare time, what Japanese do in their spare time, involving sports, martial arts, after school clubs, fishing, etc. They will do a power point presentation on their research into the latter.

**Philosophy**

**Year 9**

In weeks 6 and 7 students will learn how philosophy differs from science and they will be introduced into inductive and deductive methods of reasoning and become familiar with different branches of Philosophy.

**Year 10**

In weeks 6 and 7 students will explore the concepts of Body and Mind and will try to solve Mind -Body Problem that is 2500 years old. I hope they will not "lose their mind" trying to do this. They realise that it is very important for them to know if they have only physical bodies and what we call Mind is our brain or they have some spiritual, non-physical entity, called Mind or Soul. Whatever the students learn about themselves, they will have to prove it logically, using
reason. May be I am "out of my mind" but I am excited to watch them learning about their own Mind/Soul.

Social Science
All students from years 7 – 12 have been issued with a detailed assessment schedule outlining each of the assignments and tests that will take place throughout the year.

Social Science Staffing for 2013
Ms McMurray – Legal Studies and Geography teacher (Head Teacher on Mon, Tues, Wed and Fri)
Ms Burke – Business Studies, Commerce and Geography teacher (Head Teacher of Administration)
Mr Horrell – Geography and Business Studies teacher (Head Teacher on Thursday),
Ms Kelly – Economics and Geography teacher
Ms Russell – Legal Studies and Geography teacher
Ms O’Rourke – Business Studies, Work Studies, Commerce and Geography teacher
Mr Kent - Geography, Commerce, Business Studies and Economics.

Year 7
Geography
Students are studying ‘Physical and Human Environments’ and have a skills test in Week 8.
Students have homework due throughout the term.

Year 8
Geography
Students are studying Globalisation and starting geographical skills work in class. There will be an exam in Week 10 based on skills (latitude/longitude, direction and scale) and Globalisation terms and concepts.

Year 9
Geography
Students are studying Australia’s origins of the continent and ‘the dreaming’. In week 6 students will complete a persuasive writing task on Australian landforms.

Commerce
Students are studying consumer choice and completed an electronic poster/brochure on hints to deter impulse buying.

Year 10
Geography
Students enjoyed their Excursion to Maroubra Beach studying coastal processes and the management strategies undertaken by Randwick CC. Students have a fieldwork task on Coastal Management due in Week 10.

Commerce
Students are studying Law and Society and looking at the structure of the NSW courts. Students are watching a court case media presentation.

Year 11
Work studies
Students will receive a notification for their first Assessment task in week 6 - Students will prepare an outline of their personal and professional goals and objectives and include achievements, awards and workplace experience. Students will start preparing resumes in the next two weeks.

Economics
Students are currently studying an ‘Introduction to Economics’ looking at the production of goods, ‘the circular flow of income’, ‘the business life cycle’ and the ‘production possibility curve’. Students will also be looking at economic similarities and differences between countries.

Geography
Students are studying a new topic called ‘The Coastal sediment budget’ in depth. Students mentored Year 10 for their research/fieldwork task on coastal management at Maroubra Beach. Students are also getting their Senior Geography Project topics ready based on an issue in their local area.

Legal Studies
Completed their first topic test and have commenced topic ‘Sources of Contemporary Australian Law’. Students should keep up to date with the news and current affairs by reading and or watching the news each night or morning.

Business Studies
Students are studying Types of businesses in our society. Part of the course involves creating a media file which will be due fortnightly in B weeks. Students will need to read the weekend newspapers and keep up to date with current events for this task.

**Year 12**

**Economics**
Students are working on the topic ‘Economic issues in the Australian economy’. Students have weekly summaries of work to complete.

**Geography**
Students will begin studying Ecosystems at Risk in detail in week 6. Students have weekly homework due on a Fridays.

**Legal Studies**
Students have just completed their first topic test for the term and are currently studying ‘Human Rights’. All students have a major research assignment due in week 6 that they should be working on at home.

**Business Studies**
Students are studying the topic of Marketing. Students have an ongoing Media.

**IEF**
Reminder to parents and students about IEF Meet and Greet afternoon on Wednesday 6th March at 4pm till 6:00pm in A/F 26. Please come and meet the new teaching staff and other parents over afternoon tea. If you would like your child to remain at school under staff supervision, and if you haven’t done so already, could you please return the slip home inserted in your child’s diary to indicate your arrangements for this day. We look forward to seeing as many parents as possible to also showcase our classrooms and work. Parents and students are then welcome to visit other mainstream classrooms from 6pm.

**Creative and Performing Arts**

**Music**
Year 7 - 7B and 7D have a guitar test in week 7. 7D will be required to play the Peter Gunn theme and 7B have a choice of a guitar riff.
Year 8 are studying Jazz and Blues and are working on a performance task in improvisation.
Year 9 are practicing for a performance task due March 11 and 13. This is an Australian piece to be played for the class as a solo piece or group piece. Each student has been given an assessment notification. The class are also working towards a composition task due in week 8.
Year 10 are practicing towards a performance task due Monday Week 7. This is an own choice piece.
Year 11 Music 1 are studying Popular music this term and a viva voce is due in week 8.
Year 11 Music 2 are studying the mandatory topic of music written between 1600 and 1900 and have an essay task due in week 8 on the Baroque Period.
Year 12 Music 1 is studying Music for Small Ensembles and Music 2 are working on both their mandatory and additional topics. A Half Yearly performance is due Week 8 at a Music Night on March 21. A composition task is also due week 8.
Year 12 Music 2 and Extension are working towards the Half Yearly exams with a performance due on March 21 as a Music Night and also April 11.

**Drama**

**Year 9 Drama**
Students are studying the Elements of Drama and Improvisation. They will do a Spontaneous Improvisation Assessment Task in Week 8 and a Playbuilding Assessment in Week 11.

**Year 10 Drama**
Students are using Stanislavski’s Actor Training Techniques in the preparation of their monologues which will be performance ready by Week 8. The research handout on Stanislavski is due Week 9.

**Year 11**
Students are looking at Grotowski and incorporating his Poor Theatre techniques into a self devised, ‘Playbuilding’ assessment. Performances will begin Week 8 followed by a take home essay Week 9.

**Year 12**
Students are studying Verbatim Theatre. They will perform an excerpt from the plays studied in class in
Week 9 and submit an essay Week 10. In Week 11 their First Stage Individual Project will be assessed.

Welfare

Student Engagement and Participation

Year Advisers
Year 7 – Ms Buckley
Year 8 – Ms Bingham and Ms Morris
Year 9 – Ms Strong and Ms Russell
Year 10 – Ms Stern
Year 11 – Mr Portada
Year 12 – Mr Alexandrou and Ms Hawkins

Your child’s year adviser should be a first point of contact with the college. Year Advisers can answer many queries or if necessary direct you to the appropriate person. As Year Advisers, and indeed other College staff, are often busy teaching we recommend that you make contact via email. Please send an email to the College Account marked with Attention followed by the year advisers name re your child’s name and year group.

Allergies - Care with allergies

Anaphylaxis is a severe and sudden allergic reaction to certain foods such as nuts or shellfish or to insect bites. You must let your child’s teacher know if your child is allergic to foods or is at risk of anaphylaxis.
We ask members of the school community not to bring nuts and nut products to school eg nut bars and peanut butter.

Duke of Edinburgh

Upcoming dates for Duke of Edinburgh program.
Interested students please speak to Mr Dearing in the C Block Staff Room.
Please encourage your child to keep an ear out for Meeting Times via the morning announcements.

► Thurs March 14 Training Day
► Thurs April 4-5 Bronze level training walk

Open Night

The SRC, Senior SRC and other students are assisting on Open Night (Wednesday 6th March). Students who are assisting should return permission notes to Ms Metson or Mr Horrell in the A block staff room. We thank these students for their contribution to school life.

SRC Elections

Interested students in Year 8 – 11 should speak to Mr Horrell in the A block staff room for more information about being elected to a position for the 2013 SRC.

Vaccinations

VISIT 2 will be on Monday April 8th
Year 7 (all) students
Varicella (Chicken pox) vaccine
Human Papillomavirus vaccine (HPV)

Yr 9 male students only
Human Papillomavirus vaccine (HPV)

Year 7 (all), Year 8 (female only) & 9 (male only) students who missed any vaccination in visit 1 and 2 can receive catch up at this visit.

Spare vaccination packs can be obtained from the front office. Please ensure you have handed the forms in, as only those students who have returned their forms/ have them with them on the day are able to be vaccinated. Please note forms handed in on the previous visit will be bought back on visit 2 by Public Health.

If you have any questions about your child’s vaccination record, their eligibility, whether you handed forms in on visit 1, please direct these to public health on 9382 8333.
Important Information for students and parents about anaphylaxis

Anaphylaxis is a severe and sudden allergic reaction and is potentially life threatening. It occurs when a person is exposed to an allergen (such as a food or insect bite). This allergen triggers a reaction in the body.

Anaphylaxis is a generalised allergic reaction, which often involves more than one body system (e.g. skin, respiratory, gastro-intestinal and cardiovascular).

A severe allergic reaction usually occurs within minutes of exposure to the trigger and can rapidly become life threatening. An anaphylactic reaction always requires an emergency response.

The severity of an anaphylactic reaction can be influenced by a number of factors including exercise, hot weather and in the case of food allergens, the amount eaten.

In the case of severe food allergies, an anaphylactic reaction is usually triggered by ingestion of the food.

Common allergens that can trigger anaphylaxis are:

Food
- Milk, eggs, peanuts, tree nuts, sesame, fish, shellfish and soy are the most common food triggers, which cause 90% of allergic reactions. However, any food can trigger anaphylaxis. It is important to understand that even trace amounts of food can cause a life-threatening reaction.

Insect venom
- Bee, wasp and jumper ant stings are the most common causes of anaphylaxis to insect stings. Ticks and fire ants also cause anaphylaxis in susceptible individuals.

Medication
- Medications such as aspirin and penicillin can cause life threatening allergic reactions. Individuals can also have anaphylactic reactions to herbal or ‘alternative’ medicines.

Latex
- Natural latex comes from a liquid in tropical rubber trees. It is processed to make many rubber products such as rubber gloves, rubber bands, balloons, condoms and swimming caps. A latex allergy can be triggered from contact with the latex product or from air-borne latex particles attached to the powder found in rubber gloves or swimming caps.

To help ensure the safety of all members of our community students should avoid bringing nut products including peanut butter and nut bars to school. Students are also encouraged to wash their hands after eating to avoid cross contamination.

Year 7

What an exciting few weeks! Year 7 thoroughly enjoyed their first Rose Bay Swimming Carnival showing great spirit and enthusiasm on the day. Some of our talented swimmers made it to the Zone Carnival which is a fantastic achievement.

Some students and parents have asked about camp. Camp will be held on Monday 20th May to Wednesday 22nd May. We will be going to ‘Outdoor Education Experience’ in Morisset and the cost will approximately be $280. Permission notes and confirmation of cost will be communicated later this term.

Finally, Year 7 will be having fortnightly meetings every Friday Week B. They are to meet in the gym at the beginning of roll call where I will be discussing important issues, messages from other teachers and handing out Silver Awards.

Year 11

On Thursday March 7 period 2 Year 11 students will attend a Preliminary HSC Assessment information meeting in the hall. At this meeting they will receive a copy of the 2013 Preliminary Course assessment rules and assessment schedules for each course. Miss Fetherston will take the students through the rules and procedures for the HSC and Preliminary HSC courses. The Preliminary Course assessment policy booklet can be accessed from the school’s website.

http://www.rosebay-h.schools.nsw.edu.au/years/year-11

EXTRA – CURRICULAR PROGRAMS

Music Ensemble Program

MEP News

Committee Meeting

Thank you to all our music parents that came to our first committee meeting of the year. We had our best turn out yet! It’s looking like a great year of music in our school.

School Open Night
Senior Stage Band will be performing at the School Open Night which is on Wednesday, 6th March 6:30pm in the Hall. Senior Stage Band is to arrive at 5:30pm for set up. Permission notes were handed out at rehearsal, please return these to Mrs Masterson. You can download the permission note here: [http://rbscmep.files.wordpress.com/2010/03/permission-letter-senior-stage-band-open-night-6th-march-2013.pdf](http://rbscmep.files.wordpress.com/2010/03/permission-letter-senior-stage-band-open-night-6th-march-2013.pdf)

**Meet the Music**
Meet the Music Tickets have arrived and were handed out on Wednesday, 27th Feb. The first concert "Jazz Trumpet Meets the Orchestra" is on Wednesday, 6th March at 6:30pm. Try not to be late as you'll miss the first item and won't be allowed in until after the piece.

**MEP Uniforms – New Members**
All MEP students are required to own a MEP shirt. You can purchase these from the uniform form shop. For performances student must be dressed in full MEP uniform - MEP Shirt, Black trousers (not tights or jeans, Black shoes, Black socks (no ankle socks)

**MEP Fees are now due**
Music Ensemble Program Membership fees are now overdue. Please download the invoice from this link and make the payment straight away. [http://rbscmep.files.wordpress.com/2010/03/mep-fees-invoice-2013.pdf](http://rbscmep.files.wordpress.com/2010/03/mep-fees-invoice-2013.pdf)
Where fees are not paid on time, and arrangements for a payment plan are not made, students will not be able to continue in the program until payment is received. Regrettably, we're obliged to be strict about this as joining the MEP involves a financial commitment and unless all the families involved meet that commitment the program can't operate successfully.

**TOUR**
Please complete asthma action plans and have them signed by a GP and return to the school immediately. Also, a Swimming note was sent home urgently for a signature. This is required back at school by Tuesday March 5 and placed in a box in C block.

**Ensembles and their Rehearsals**

<table>
<thead>
<tr>
<th>Junior Concert Band</th>
<th>String Ensemble</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 3:30pm – 4:30pm</td>
<td>Tuesday, 2:40pm – 3:40pm</td>
</tr>
<tr>
<td>Music Ensemble Space under the hall.</td>
<td>C-Block Music Classroom – C216.</td>
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<table>
<thead>
<tr>
<th>Junior Stage Band</th>
<th>Vocal Ensemble</th>
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</thead>
<tbody>
<tr>
<td>Monday 4:40pm – 5:40pm</td>
<td>Thursday, 3:30pm – 4:30pm</td>
</tr>
<tr>
<td>Music Ensemble space under the hall.</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Senior Concert Band</th>
<th>A Capella Ensemble (following auditions within the next 2 weeks)</th>
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</thead>
<tbody>
<tr>
<td>Tuesday, 2:40pm – 3:40pm</td>
<td>Thursday, 4:30pm – 5:30pm</td>
</tr>
<tr>
<td>Music Ensemble Space under the hall.</td>
<td>C-Block Music Classroom (C216)</td>
</tr>
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<table>
<thead>
<tr>
<th>Senior Stage Band</th>
<th>Rock Bands</th>
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</thead>
<tbody>
<tr>
<td>Tuesday 3:45pm – 4:45pm</td>
<td>Monday, Tuesday &amp; Friday - Before and After School in C block music rooms</td>
</tr>
<tr>
<td>Music Ensemble space under the hall</td>
<td></td>
</tr>
</tbody>
</table>

| Percussion Ensemble | |
|---------------------| |
| Tuesday, 7:50am – 9am | Music Space under the hall. |

If you are a complete beginner, interested in having music lessons and/or interested in joining any

For more information contact Lidia De Simone, RBSC MEP Administration 0411 389 235

Website: [http://rbscmep.net/wp/](http://rbscmep.net/wp/)
Facebook: [http://facebook.com/rbscmep](http://facebook.com/rbscmep)
Cabaret

We have had a great response from students wanting to be involved in this year's Beatles-themed Cabaret on July 18th. I'm currently looking for parents who would like to be involved in costuming or props for the event. I'm also looking for donations of old vinyl records (that were going to be thrown out) to use as decoration for hall.

If you can help out please email - helen.ranger@det.nsw.edu.au

P& C
Next meeting is on March 5th at 7:30 pm in the Staff Common Room.

Newsletter contacts
Contact the Deputy Principals:

lucy.andre@det.nsw.edu.au

diane.fetherston@det.nsw.edu.au